

HMO plans

Access+ Value HMO

Access+ HMO

Our affordable HMO plans offer a predictable, cost-efficient way to manage your health care, especially if you or your dependents visit the doctor often. These plans may also help you to navigate the healthcare system.

Our HMO plans are perfect for those who like predictable out-of-pocket costs with minimal paperwork. Before having to meet a deductible, you'll have easy access to a wide range of services for a small copayment, like routine preventive and well-baby care.

Access+ Value HMOSM and Access+ HMO[®] plan advantages

Affordable \$20/\$35 office visit copayments; \$10 copayments for generic drug prescriptions.

See a specialist in your Personal Physician's participating medical group/IPA without a referral for a \$35/\$50 copayment.

Basic dental services included with Access+ HMO.

No lifetime maximum on plan benefits.

Practically no claim forms.

Personal care from your Personal Physician

The relationship you have with your Personal Physician is the key to your HMO plan.

He or she:

- Provides or coordinates all your necessary medical services; and
- Arranges for referrals to specialists, hospitals, and other covered non-physician healthcare practitioners.

Special features

Direct access to specialists

With Access+ *Specialist*SM you can go directly to a specialist or another physician in the same medical group or IPA as your Personal Physician, without a referral. When you do, depending on your plan, your copayment will be \$35 or \$50 per covered office visit. To use the Access+ *Specialist* option, you must belong to a medical group or IPA that is an Access+ *Specialist* provider group.

Direct access to gynecological exams and OB/GYN visits

Women can go directly to an OB/GYN or family practice physician in the same medical group or IPA as their Personal Physician for obstetrical/gynecological services, including annual exams, without a referral.

Money-back guarantee

Our member feedback program, Access+ *Satisfaction*SM will refund your office-visit copayment if you are ever dissatisfied with the service you receive during a covered office visit with an HMO network physician. It will also provide a postage-paid postcard for your comments so you can share your valuable feedback with us.

HMO plans

Uniform Health Plan Benefits and Coverage Matrix

THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND IS A SUMMARY ONLY. THE EVIDENCE OF COVERAGE AND PLAN CONTRACT SHOULD BE CONSULTED FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS.

	Access+ Value HMO	Access+ HMO Plan
Deductible*	\$2,000 (\$4,000 family)	\$2,000 (\$4,000 family)
Calendar-year copayment maximum (includes the plan deductible – some services do not apply)	\$4,000 (\$8,000 family)	\$3,000 (\$6,000 family)
Lifetime maximum	No limit	No limit

* Benefits for covered brand-name drugs are subject to a separate brand-name drug deductible per person for formulary and non-formulary. The brand-name drug deductibles are as follows: Access+ Value HMO has a \$400 brand-name drug deductible and Access+ HMO has a \$200 brand-name drug deductible.

• Plan benefits provided before you need to meet any medical deductible are shown below with a dot.

Plan services and supplies are covered when performed, prescribed or authorized by your Personal Physician. Limitations and exclusions apply for certain services that are not obtained from or approved by your Personal Physician. See the EOC for details.

Covered services¹

Member copayments

	Access+ Value HMO	Access+ HMO
Professional services		
Personal Physician office visits	\$35/visit •	\$20/visit •
Injectable medications, lab, and X-ray	\$35 •	\$20 •
Access+ <i>Specialist</i> (self-referred physician office visits or other consultations only) ³	\$50/visit ² •	\$35/visit ² •
Physician home visits	\$50 •	\$35 •
Preventive care		
Scheduled routine physical exams, annual gynecological exam, immunizations, vision, hearing, and routine lab screenings	\$35 •	\$20 •
Outpatient services		
Outpatient surgery (in a hospital)	40%/visit	\$250/visit
Outpatient surgery performed in an ambulatory surgery center (ASC) ⁴	\$150/visit	\$150/visit
Outpatient services and supplies (in a hospital; includes radiation and intravenous chemotherapy)	40%/visit •	\$35/visit •
Outpatient or out-of-hospital X-ray and laboratory	\$35/visit •	\$20/visit •
Hospitalization services		
Inpatient physician visits and consultations, surgeons and assistants, and anesthesiologists (covered inpatient hospital, skilled nursing facility, and subacute care physician services)	\$35/visit •	\$20/visit •
Inpatient semiprivate room and board, intensive care units, subacute care, special treatment rooms, services, and supplies	40%/admit	\$250/admit
Emergency health coverage		
Emergency room facility services (copayment/visit waived if the member is admitted directly to the hospital as an inpatient)	\$150/visit •	\$75/visit •
Ambulance services (surface or air)		
	\$50/trip •	\$50/trip •

HMO plans

Covered services¹

Member copayments

Covered services ¹	Access+ Value HMO and Access+ HMO	
	At participating pharmacies (up to a 30-day supply)	Mail service prescriptions (up to a 60-day supply)
Prescription drug coverage^{5,6}		
Generic drugs	\$10/prescription ² ●	\$20/prescription ² ●
Formulary brand-name drugs	\$35/prescription ²	\$70/prescription ²
Brand name drug deductible (brand-name drugs subject to a brand-name drug deductible per person, per calendar year)	Access+ Value HMO \$400	Access+ HMO \$200
Durable medical equipment⁷	Access+ Value HMO 50% ² ●	Access+ HMO 50% ² ●
Mental health services⁸		
Inpatient hospital facility services	40%/admit	\$250/admit
Inpatient physician services	\$35/visit ●	\$20/visit ●
Outpatient visits for severe mental health conditions	\$35/visit (\$50/visit ² if provider is MHSA Access+ Specialist provider) ³ ●	\$20/visit (\$35/visit ² if provider is MHSA Access+ Specialist provider) ³ ●
Outpatient visits for non-severe mental health conditions (up to 20 visits per calendar year combined with chemical dependency visits) ⁹	\$35/visit ² (\$50/visit ² if provider is MHSA Access+ Specialist provider) ³ ●	\$20/visit ² (\$35/visit ² if provider is MHSA Access+ Specialist provider) ³ ●
Chemical dependency services (substance abuse)⁸		
Inpatient hospital facility services for medical acute detoxification	40%/admit	\$250/admit
Outpatient visits (up to 20 visits per calendar year combined with non-severe mental health visits) ⁹	\$35/visit ² (\$50/visit ² if provider is MHSA Access+ Specialist provider) ³ ●	\$20/visit ² (\$35/visit ² if provider is MHSA Access+ Specialist provider) ³ ●
Home health services (up to 100 visits per calendar year)		
Home health agency visits (up to 4 visits per day, 2 hours per visit)	\$35 ●	\$20 ●
Other		
Pregnancy and maternity care¹⁰		
Outpatient prenatal and postnatal physician office visits	\$35/visit ●	\$20/visit ●
Delivery and all necessary inpatient hospital services	40%/admit	\$250/admit
Family planning		
Counseling	\$35/visit ●	\$20/visit ●
Tubal ligation, ¹¹ elective abortion	\$100/occurrence ●	\$100/occurrence ●
Vasectomy	\$75/occurrence ●	\$75/occurrence ●
Rehabilitation services – physical, occupational, and respiratory therapy		
Received in a physician's office visit or in hospital outpatient department	\$35/visit ●	\$20/visit ●
In an inpatient rehabilitation unit of hospital	40%/admit	\$250/admit
Urgent care (outside your plan service area)¹²	\$50/visit ●	\$50/visit ●
Dental services		
Access+ Dentist	Not covered	Included within this plan

Please note: Benefits are subject to modification for subsequently enacted state or federal legislation.

- Plan benefits provided before you need to meet the medical deductible.
- 1 Access+ HMO and Access+ Value HMO benefits are provided only for services that are medically necessary, as determined by the Personal Physician or Access+ Value HMO/Access+ HMO, except in an emergency or as otherwise specified, and must be received while the patient is a current member.
 - 2 These copayments do not accrue to the copayment maximum, and will continue to be charged once it is reached.
 - 3 To use the Access+ *Specialist* option, for other than mental health or chemical dependency services, your Personal Physician must belong to a medical group or IPA that has decided to become an Access+ provider group. Access+ *Specialist* visits for mental health services for other than severe mental illnesses or serious emotional disturbances of a child, and for chemical dependency care, will accrue toward the 20-visit-per-calendar-year maximum. In addition, all Access+ *Specialist* visits require a copayment per visit. Mental health and chemical dependency Access+ *Specialist* visits are accessed through the MHSA utilizing MHSA participating providers.
 - 4 Participating ambulatory surgery centers (ASCs) may not be available in all areas. Regardless of their availability, you can obtain outpatient surgery services from a hospital, or an ASC affiliated with a hospital with payment according to your health plan's hospital services benefits.
 - 5 Only medically necessary outpatient formulary drugs are covered, unless prior authorization is obtained from Blue Shield Pharmacy Services. Non-formulary drugs may be covered only if prior authorization is obtained from Blue Shield Pharmacy Services. After all necessary documentation is available from your physician, prior authorization approval or denial will be provided to your physician within two working days of the request. Member is then responsible for the brand prescription copayment. Prescription coverage differs for home self-injectables. Please see the EOC for details.
 - 6 If a member or the physician requests a brand-name drug when an equivalent generic drug is available, the member pays the generic copayment plus the cost difference between the brand and generic drug at retail or mail order pharmacies.
 - 7 All covered orthotic equipment and services have a benefit maximum of \$2,000 per member per calendar year, except those services covered under the diabetes care benefit.
 - 8 Blue Shield of California has contracted with a specialized healthcare service plan to act as the plan's mental health services administrator (MHSA) and to provide mental health and chemical dependency services, other than inpatient services for medical acute detoxification, through a separate network of MHSA participating providers. Inpatient services for medical acute detoxification are accessed through Blue Shield utilizing HMO network (not MHSA) providers. For all other mental health and chemical dependency services, members should access MHSA participating providers.
 - 9 For MHSA participating providers, initial visit treated as if the condition were a severe mental illness or serious emotional disturbance of a child. For MHSA non-participating providers, initial visit treated as an MHSA participating provider.
 - 10 Except for the treatment of involuntary complications of pregnancy, pregnancy/maternity benefits for a pregnancy that qualifies as a waived condition are not available during the six-month period beginning as of the effective date of coverage.
 - 11 The tubal ligation copayment does not apply when the procedure is performed in conjunction with delivery or abdominal surgery.
 - 12 Authorization by Blue Shield is required for more than two out-of-area follow-up outpatient visits or for out-of-area follow-up care that involves a surgical or other procedure or inpatient stay. After all necessary documentation is available from your physician, prior authorization approval or denial will be provided to your physician within two working days of the request.